

Diabetes – 25.8 million people in united states [8.3%] of us population has diabetes.18.8 millionare diagnosed and 7 million are undiagnosed.Common symptoms include increased thirst,increased urination,craving for sweets,recurrent skin infections,recurrent fungal infections.

In **Type I diabetes** pancreas fails to make insulin,mostly in kids and young adults but can happen at any age. Patient will need insulin for treatment. Type I diabetes accounts for approximately 10% of all diabetes.

In **Type II diabetes** pancreas does not make sufficient insulin and or body becomes resistant to insulin.Patient needs oral medications as well as can need insulin.Type II diabetes accounts for approximately 90% of all diabetes.

It is very important for all diabetics to have appropriate blood work done and make scheduled visits with their physicians to prevent and reduce complications from diabetes.

<http://www.cdc.gov/diabetes/>

<http://www.diabetes.org>

http://www.cdc.gov/diabetes/pubs/pdf/ndfs_2011.pdf